

Winter 2024-2025

Essential needs guide
Nice

If you need emergency accommodation or the intervention of a mediator, you must call 115.

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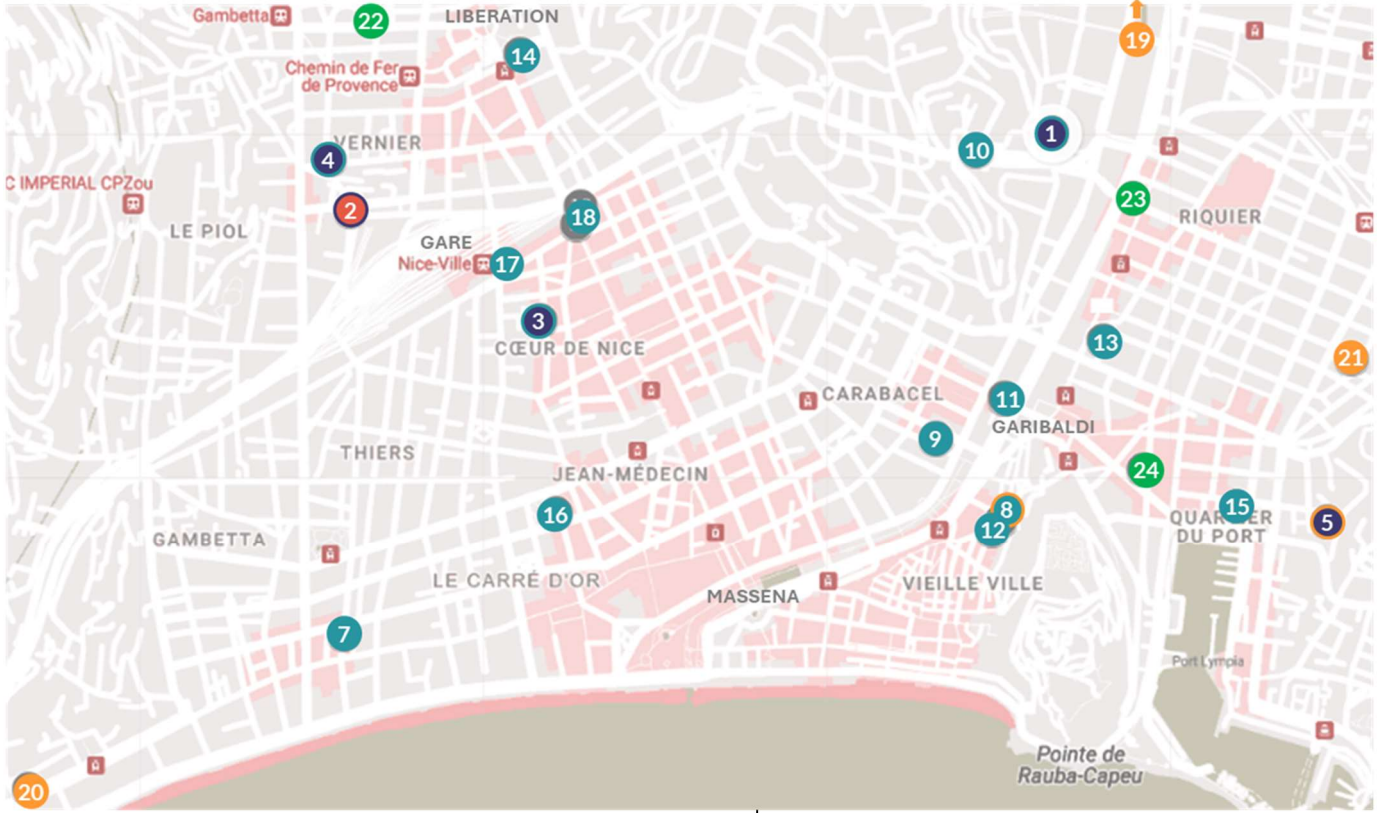
Please double check information for potential changes and closures on Soliguide.fr or send us a text or WhatsApp message (+33) 7 57 91 61 11



Flash me!

Where to rest and shower?

1. Day shelters Le Phare du XVème Corps
14 Av. du XVème Corps, 06000 Nice - (+33) 4 93 62 80 91
Monday to Friday 9h to 16h Closed on bank holidays
Men and women over 18 - Proof of identity required
Services: Day shelters, breakfast and lunch, luggage storage, showers, toilets, laundry services, social support, infirmary, mental health, computer posts, wifi, power/electricity plugs



2. Day shelters Trachel
33 Rue Trachel, 06000 Nice - (+33) 4 89 98 20 14
Saturday, Sunday and bank holidays 9h to 16h45
Men and women over 18 - Proof of identity required

3. Etape Fraternelle - Secours Catholique
23 Rue Paganini, 06000 Nice - (+33) 4 89 08 93 94
Monday, Tuesday, Thursday, Friday 8h30 to 11h From 23rd to 31st of December breakfast only. Closed from 1st to 8th of January
Services : Day shelters, breakfast, showers, laundry, information and orientation point, administrative counselling, domiciliation, french language courses, mental health, clothes, infirmary

4. Le 44, Maison des solidarités du Secours Pop
44 Rue Vernier, 06000 Nice - (+33) 4 28 70 20 37
Monday to Friday 9h to 17h On referral from social workers, limited space

Les services : Day shelters, breakfast and lunch, toilets, showers, care products, clothes, laundry services, wifi, computer posts, phone, power/electricity plugs, rest area

5. Secours Populaire - TERRA AMATA
1 Rue Fodéré prolongée - (+33)6 51 54 75 94
Monday to Friday 9h to 16h30
Day reception center for families with children.
Services: Day shelters, food distribution, showers, computers, wifi, power/electricity plugs, baby package, social and medical support

6. Oasis - Women day shelters
For homeless women call Tanja: (+33)6 67 45 21 57
Monday to Friday 8h30-16h30, Saturday 8h30-15h
Services: Day shelters and counselling, rest area, food distribution, showers, laundry services, toilets

Where to eat ?

Breakfast:

7. Restaurant solidaire "La Table de Jorge"

9 Rue Cronstadt, 06000 Nice - (+33) 4 93 04 34 60

Monday to Friday 8h30 to 9h30

Closed from 25/12/2024 to 01/01/2025

8. Croix Rouge - Centre social de Saint François

1 Ruelle Saint-François, 06300 Nice - (+33) 4 93 62 86 67

Tuesday and Friday 9h30 to 11h30

Closed from 21/12/2024 to 06/01/2025

9. Eglise du Voeu - 2 Rue Alfred Mortier, 06000 Nice -

Everyday 6h to 7h

10. El Nouzah - 17 Rue el Nouzah, 06000 Nice

Saturday and Sunday 7h30 to 9h30

11. Bibliothèque Nucéra - 2, place Yves Klein

Everyday 6h to 8h

14. Thiole - 34 Av. Malaussena Everyday 8h

Lunch:

12. Restaurant Bethanie de l'Armée du Salut

1 Rue Guigonis, 06300 Nice - (+33)9 64 43 23 40

Monday to Friday 11h - €1 or free if meal ticket from CCAS

13. Fourneau économique

2 Rue Badat, 06300 Nice - (+33) 4 93 92 60 44

Monday, Tuesday, Thursday and Saturday : 11h45

€1 or free if meal ticket

Dinner:

1. XVème Corps (CAJ) 14 Av. du XVème Corps

Everyday except Saturday (Saturday to be confirmed)

19h No distribution on Friday 27/12

14. Thiole - 34 Av. Malaussena

Monday to Saturday (Saturday to be confirmed) 20h15

15. Fodéré - 10 Rue Fodéré, 06300 Nice

Monday, Wednesday, Friday 19h

16. Entraide protestante - 19 Rue Maccarani, 06000 Nice

Wednesday 17h30 to 18h30

Closed on the 25/12/2024 and the 01/01/2025

17. Formons un monde solidaire - Nice train station

Thursday: 20h to 21h

19. Le Café Suspendu - 46 Boulevard Raimbaldi

Saturday 18h to 20h

Where to sleep ? (call 115)

2. Emergency shelter Trachel

33 Rue Trachel, 06000 Nice - (+33) 4 89 98 20 14

Open everynight at 5pm for admission and 18h15 for new people (18h for new women)

Men and women over 18 - Proof of identity

For the emergency shelter El Nouzah and la Halte de Nuit you must call 115

Where to seek medical treatment ?

19. Centre hospitalier Pasteur 2

Emergency 24/7 - 30 Voie Romaine

Patients "without rights", with difficulties in accessing healthcare

Monday to Friday 8h to 17h - (+33) 4 92 03 32 13

20. Centre de Santé Médecins du Monde

162 Rue de France, 06000 Nice - (+33) 4 93 16 59 60

Monday and Tuesday: 9h to 12h - Wednesday and Thursday:

9h to 12h - 14h to 17h Closed from December 21st to Jan 5th

5. Ordre de Malte - Centre d'accueil de santé

1 Rue Fodéré prolongée (1er andage), 06300 Nice

Tuesday and Friday 9h to 12h30

Ordre de Malte - Antenne médicale mobile

1. CAJ 14 Av. du XVème Corps Monday 10h, Thursday 19h

14. Thiole 34 Av. Malaussena Thursday 20h

9. Croix Rouge centre social de Saint François

1 Ruelle Saint-François, 06300 Nice

Closed from 20/12/2024 to 01/01/2025

Monday and Thursday 14h to 16h

Dental emergencies

Care for all patients, including those with no open healthcare rights

21. Institut de médecine bucco-dentaire

Monday to Friday: 8h15 to 12h - 13h45 to 17h15

28 Bd de Riquier, 06300 Nice - (+33) 4 92 03 32 82

19. Hôpital Pasteur 2 - (+33) 4 92 03 33 75

Sunday and bank holidays 8h30 to 18h30

30 Voie Romaine

Specialized care

22. Les Lucioles - People in a situation of prostitution and victims of trafficking in human beings.

28 Boulevard Joseph Garnier - (+33) 4 93 37 12 09

Monday to Friday 9h to 18h

23. L'Escale - Point d'accueil et d'écoute jeunes

12 Bd Risso, 06300 Nice - (+33) 4 92 47 67 40

11-25 years old and their parents

No appointment Monday, Wednesday and

Thursday 13h-17h, Friday 9h-13h

24. CAARUD - Lou Passagin, people over 18 in a situation of addiction

12 Rue Emmanuel Philibert - 04 93 80 28 18

Monday to Friday 9h20-13h - Tuesday, Wednesday and Friday 14h-16h30 and Thursday 17h à 19h



Find out about more structures at www.soliguide.fr (or on the Soliguide application)